

FUNDING

Funding for the camp is mainly from donations. We are a 501(c)3 Tax Exempt Organization. The New York State Commission for the Blind and Visually Handicapped provide scholarships for many of our athletes to attend camp. The projected cost for running the camp each year is approximately \$24,000. We are working hard at many fundraising activities to make Camp Abilities Long Island possible each summer.

Any additional support such as donating money, collecting equipment, helping with fundraisers or any other contributions would be greatly appreciated so we can make Camp Abilities Long Island the best it can be!

Beep Baseball >



< Goal Ball

Aquatics >



www.campabilitieslongisland.org

DONATIONS

Please Make Checks Payable to:
Camp Abilities Long Island

Mail Donations to:
Camp Abilities Long Island
P.O. Box 363
Long Beach, N.Y. 11561

Email: Campabilitieslongisland@yahoo.com

**A Loss Of Sight NEVER
A Loss Of Vision**

**Long Island Sports Camp for Children
with Visual Impairments Inc.**

Camp Abilities Long Island

**@ Adelphi University
Garden City, N.Y.**



www.campabilitieslongisland.org



Camp Abilities Long Island

Camp Abilities is a developmental sports camp for children between the ages of 9 and 19 who are visually impaired, blind and deaf-blind. The camp provides a 1:1 instructional situation for each child. Camp Abilities was started in 1996 by Dr. Lauren Lieberman and Dr. Monica Lepore and it was held on the campus of The College at Brockport. Since then it has expanded to many states across the country and internationally. Camp Abilities Long Island is held annually at **Adelphi University** in Garden City, NY.

Our Staff: Our counselors are pooled from physical education and special education undergraduate and graduate programs across the U.S. and overseas. Camp Abilities has trained more than 800 future teachers in the area of sport and recreation for children with sensory impairments. Many specialists that have worked at Camp Abilities are blind themselves, and have served as excellent role models for our children, some of whom have never met or socially interacted with another person who is blind.



Tandem Biking

Our Purpose

First and foremost is to **empower** children with sensory impairments to be physically active and productive members of their schools, communities and society in general. Because children with visual impairments have been shown to have lower levels of health related physical fitness than their peers, the camp plays a vital role in reinforcing each child's self esteem and confidence in their ability to master specific sports, recreational and social activities. These areas are often overlooked in the education and home environment, and the camp can be the only opportunity some of these children have to participate in athletic activities.

The **second** is to train undergraduate and graduate students how to teach sports and recreational activities to children with sensory impairments.

Lastly, to continue research in the areas of:

- Health related fitness of children with visual impairments
- Study barriers to physical activity
- Inclusion of general physical education of students with visual impairments
- Issues related to posture & balance of children with visual impairments
- Nutrition curriculum effectiveness
- The effect of Dance, Dance Revolution on physical activity

ACTIVITIES OFFERED AT CAMP ABILITIES:

- Beep Baseball
- Goal Ball
- Tandem Biking
- Aquatics
- Track & Field
- Soccer
- Basketball
- Rollerblading
- And More!



Detailed task analysis is developed for each skill required for each sport. These assessment sheets are sent to parents and physical education teachers, defining ability, and encouraging continued physical activity throughout the year.

Contact Us

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Long Beach, N.Y. 11561

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